

The Leader's Compass: How to Thrive in Uncertain Times

Coach Kareen Woo
PCC (ICF) ASFC (IASTI)

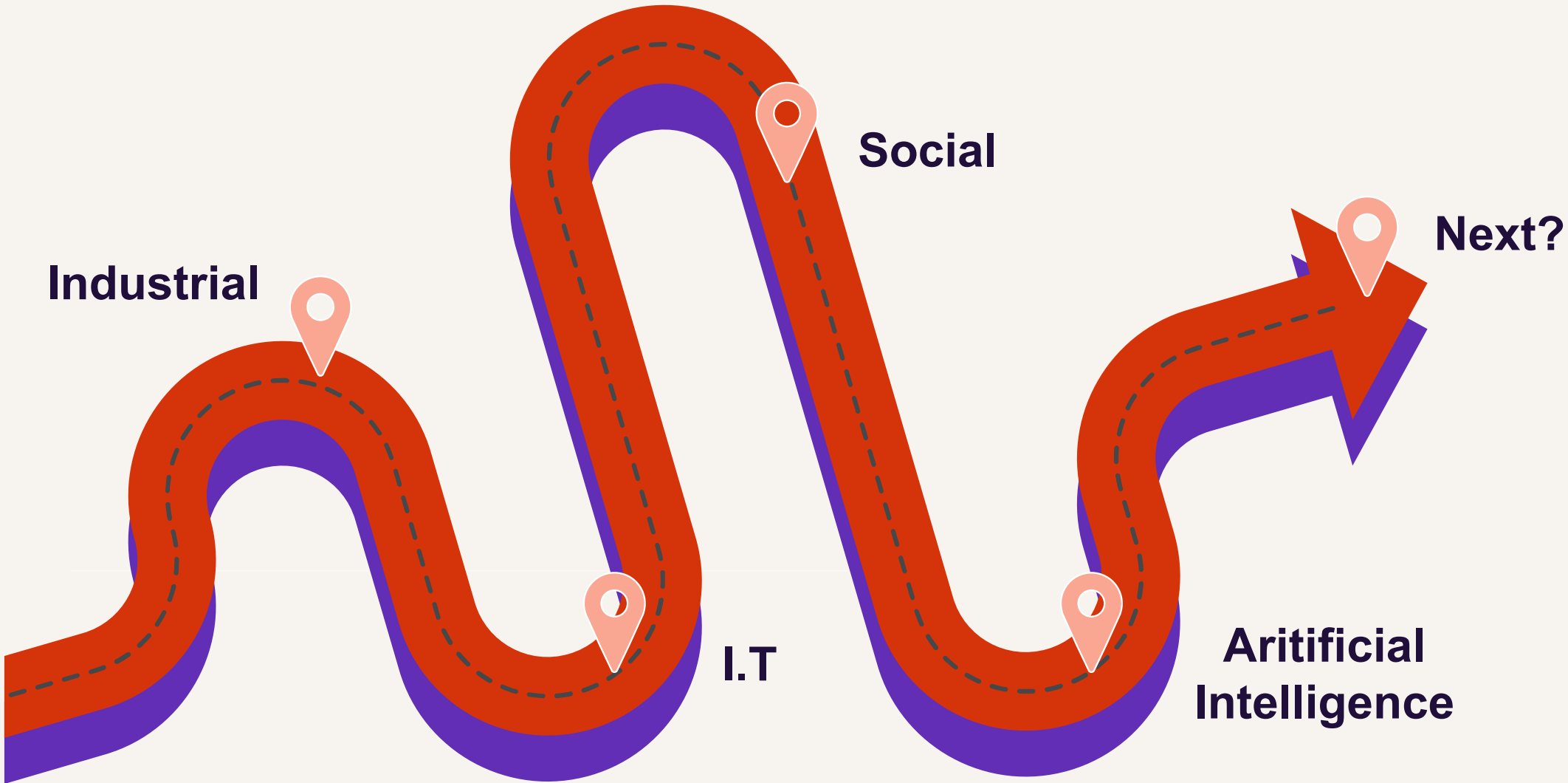
President, ICF Malaysia Charter Chapter



Being Human In The Chaos

“When was the last time you felt truly uncertain as a leader—and what helped you move through it?”

Times of Transformation



The Bionic Edge: A Time of Becoming



An era of deep convergence — biology, intelligence, and generative complexity.



Honest Moments from Leaders I Coach

'I feel like I need to have the answers. But I really don't'

'My team is overwhelmed, and honestly so am I'

'We are on Auto Mode'

'Things change as we move and before we could respond, it changes again.'



The Compass That Emerges

Purpose

Mindset

Presence

People

Purpose

What drives me to show up?

What do I stand for beyond my role as a leader?

Mindset

What is working now that I can take another step forward with?

What is it that my team knows and I don't?

Presence

What energy do I bring to the room?

How am I in the best version that I can be for my team?

People

How am I holding the space for myself?

How am I giving space to my team?

Holding Space in Uncertainty

To think, reflect and ground ourselves

Connect Where Technology Can't



- ❖ Space to think clearly
- ❖ Reconnect to values
- ❖ Better, courageous decisions
- ❖ Stronger teams and trust

From Fog to Forward

- ❖ Clarity over Certainty
- ❖ Perspective over Answer
- ❖ Presence over Doing
- ❖ Coaching over Telling



PAUSE. BREATHE.

“What part of your compass
needs attention today?”

Your ONE Question:

- ❖ How are you showing up at this time of chaos?
- ❖ What part do you want to bring more of into your leadership?
- ❖ What story are you telling yourself about this moment?
- ❖ Where do you need more space?
- ❖ What could become possible if you slowed down your pace?



You don't need to have it all figured out.
You just need to keep tuning in to what
matters.

That's how we thrive—not perfectly, but
meaningfully.”



Let's Connect

<https://www.linkedin.com/in/kareenwoo/>



<https://www.icfmalaysia.org>

#PRISM2025 | 28th July – 29th July 2025



Kareen Woo

wa.me/60129586833
WhatsApp Business Account

